

ERASMUS+ PROJECT

STRENGTHENING CAPACITIES OF YOUNG
LEADERS AND YOUTH ORGANISATIONS FOR
MEANINGFUL COMMUNITY PARTICIPATION

#CYMECOP



YOUTH EXCHANGE “YOU(TH) VOICE MATTERS”

17-25 September 2021

Pukhivka village, Kyiv region, Ukraine



Co-funded by the
Erasmus+ Programme
of the European Union



PROJECT

“Strengthening Capacities of Young Leaders and Youth Organisations for Meaningful Community Participation” (CYMECOP) is a two-year project co-financed by the Erasmus+ programme of the European Union: <https://cymecop.eu/>

The project goal is to develop youth leadership competencies and support the establishment and capacity-building of local youth organisations participating in the youth policy-making in rural areas of Armenia, Moldova, Portugal and Ukraine. Its approach is based on three main components: individual empowerment of young leaders, capacity-building of local youth organisations and policy interventions.

The project is implemented by four European organisations:

- Young Agents of Change (Ukraine);
- Federation of Youth Clubs of Armenia (Armenia);
- “MilleniUM” Training and Development Institute (Moldova);
- National Association of Educational Innovation and Inclusion in Schools – AENIE (Portugal).

HOSTING ORGANISATION

“Young Agents of Change” is a Ukrainian non-profit, non-governmental and non-political organisation. Our mission is to shape an active and responsible community of young people for their personal fulfillment, networking and promotion of civil society.

Since its founding in 2017, “Young Agents of Change” has coordinated and co-implemented more than 20 training & development projects at the national and international levels, promoting active participation of young people in different fields.



YOUTH EXCHANGE

Youth exchange “You(th) Voice Matters” is the second international mobility of the project.



Description: the seven-day activity is aimed at enhancing on a long term the civic competences, sense of initiative and active citizenship of 40 young people from Armenia, Moldova, Ukraine and Portugal. The activity will be focused on exchanging experience of local youth activism, identifying best practices and insights for youth from rural areas. The participants will learn how to sustain development of their organisations and run permanent mechanisms of youth influence on the decision-making. The participants will collect their experience into a **handbook** on youth participation.

In principle, the activity will be facilitated by participants themselves with the support of group leaders and coordinators. Apart from sharing experience of implementing local training after the training course "Young Policymakers for Community Development", each national team will be asked to prepare and facilitate at least two sessions during the exchange. The activity agenda will be prepared according to the participants' suggestions and shared later.

Number of participants: 40 in total; eight participants (aged 16-30) and two group leaders (aged 18+) from each country.

Profile of participants:

1. Active young people and youth workers that participated in the training course "Young Policymakers for Community Development" and implemented a local training in rural communities after it.
 2. Young people from rural areas motivated to contribute to their community development by promoting youth participation and active citizenship.
- All participants should be able to communicate in English.

After the training course participants will continue working on promoting youth participation in their communities and implement **policy interventions plans** to better address the needs of youth. Also, participants are expected to participate in further activities in the framework of the project: Fellowship in Portugal (dates tbc) and other local actions in their countries (September-December 2021).

TRAVEL TO UKRAINE



The youth exchange will take place in Pukhivka, a small village 16 km away from Kyiv. All participants should arrive at Kyiv Boryspil International Airport (KBP) or Kyiv International Airport (IEV). Transfer details from the airport to the city will be discussed with each national group individually (bus and train services are available). Transfer from Kyiv to the venue will be arranged by the organisers.

Plan your trip according to the following timeframes:



Note! You may arrive 1-2 days before the youth exchange or stay in Ukraine for 1-2 days longer, but we will not be able to cover your accommodation and meals during these extra days.

Entry to Ukraine: all participants must hold a valid passport for travelling abroad to enter Ukraine. In addition, foreign citizens entering Ukraine should present one of the following documents (issued in English or with official English translation):

- document confirming the receipt of a full course of vaccination against COVID-19 with vaccines approved by WHO (*Oxford–AstraZeneca, Pfizer-BioNTech, Sinopharm-BBIBP, Moderna, Sinovac, Johnson & Johnson*);
- certificate of a negative rapid test for the SARS-CoV-2 antigen (RAT) done no more than 72 hours before entry;
- certificate of a negative PCR test done no more than 72 hours before entry.

Insurance: foreign citizens entering Ukraine must have a proof of medical insurance covering all expenses related to COVID-19 treatment while on the territory of Ukraine. Insurance must be purchased from a company registered in Ukraine or a foreign company that has a representative office or an insurance partner in Ukraine. It can be purchased online.

ACCOMMODATION & VENUE

The youth exchange will be organised at Fortuna Club recreation center, which is located 16 km away from Kyiv in a clean ecological zone on one of the banks of the Desna river.

Participants will be accommodated in triple rooms of the center. All rooms are well renovated and have a private bathroom. Bed linen, towels and hair dryer are provided. Free WI-FI is available in rooms and outside.

Breakfast, lunch and dinner will be served at the center`s restaraunt. The dishes will be served the same for all participants, so we ask the participants to notify us of any allergies in advance.

All youth exchange sessions and intercultural evenings will be held at the center`s conference hall.



SAVE THE DETAILS:

FORTUNA CLUB

2 Naberezhna street, Pukvivka village, Kyiv region

+38(093) 088-32-35

+38(096) 460-60-92

info@fortunaclub.com.ua

REIMBURSEMENT

Accommodation, three meals per day, coffee-breaks and material will be provided by the organisers with support of the Erasmus+ programme. 100% of your actual **travel expenses** will be reimbursed by bank transfer to each sending organisation after the activity within the following limits:

Country	Maximum travel budget, EUR	Number of participants (including group leaders)
Armenia	275	10
Moldova	180	10
Portugal	530	10
Ukraine	0	10

Each participant should provide the following electronic/printed documents:

- tickets/flight itinerary;
- invoices with price and currency;
- boarding passes (if only paper boarding pass is available for you flights, you will need to post it to us by a regular post).

In case you purchase tickets in other currency than the euro (EUR), we will use European Commission's official monthly accounting rates for the currency conversion.

Participants cover by themselves:

- costs of any COVID-19 tests (for non-vaccinated participants);
- costs of any COVID-19 tests/isolation after returning to a home country;
- costs of medical insurance covering all expenses related to COVID-19 treatment while on the territory of Ukraine.

Note! Costs of COVID-19 test will be fully covered by participants. No tests for entry to Ukraine are needed if you are fully vaccinated.

Note! Participants are expected to be present and active in all the activities, unless being ill. Unauthorized absence from the activities and workshops may lead to non-receipt of travel reimbursement.

COMMUNICATION & USEFUL TIPS



Before the youth exchange we kindly ask you to:

1. Fill in the participation form.
2. Join project Facebook group. When all national groups are identified, we will also create a chat in WhatsApp for smooth communication.
3. Pick up energizers that could be done in the morning (each national group will be responsible for morning energizers on one of the exchange day).
4. Prepare workshops (each national team will facilitate at least two sessions on the topic). The concrete topics and content will be discussed with the coordinators in advance.
5. Prepare for the intercultural evening. Try to be fun and creative! Any kind of activities are welcome (e.g. video presentations, dances, songs, games, quizzes, posters, flyers etc).

We recommend bringing with you:

1. Passport for travelling abroad (and its copy), travel documents, COVID-19 test/vaccine certificates, insurance.
2. Medicines you may need, face masks, pocket antiseptics.
3. Camera, tablet and/or laptop if you have them and consider it important to carry with you.
4. Personal items such as shampoo, shower gel, toothpaste.
5. Comfortable walking shoes, swimming suit (if you want to swim in pool), sunglasses.
6. National food, drinks, small souvenirs from your country for the intercultural evening.

Note! Ukraine is under an adaptive quarantine. Wearing masks is mandatory in public transportation and indoor public places. Individuals and establishments can be fined for not complying with this regulation. Everyone should carry ID.

ADDITIONAL INFORMATION

Public transportation from Pukhivka to Kyiv is not developed. Transfer from Kyiv to the venue and back will be organised. You can use Uber/Bolt, the trip to the city center will take 30 minutes and cost you around 10 EUR. Kyiv city tour will be organised, however we recommend to arrive earlier/depart later if you want to see more of the city.

Weather: September in Ukraine is soft and warm autumn month with usual day temperature 18-20°C and night temperature 12-14°C. Check the actual weather forecast before the departure to Ukraine.

Currency used in Ukraine is the Ukrainian hryvnia (UAH). Current exchange rates are: 1 EUR = 32,2 UAH; 1 USD = 27,1 UAH. You will need to change your money in hryvnia to pay for most goods and services. Cashless means of payment (credit/debit cards, GooglePay, ApplePay) are widely acceptable.

Contacts of coordinators:

If you have any questions, please do not hesitate to contact us via email info@yac.org.ua or ask the coordinators directly:

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